

Student Sustainability: Zurich Map

by ETH Sustainability, Office of the President

MOBILITY



(1) ETH eLink shuttle bus

The ETH eLink shuttle bus is a free service for ETH members that connects Zentrum with Campus Hönggerberg in just 15 minutes. It operates every 20 minutes on weekdays.

→ www.ethz.ch/services/en/service/mobility-transport/link.htm



(2) PubliBike bike sharing

As an ETH student, you can take advantage of PubliBike's 70 CHF yearly abo. Download the app, enter the promo code and your credit card info, and off you go! There are many stations widespread in the city. You can use PubliBike to commute between the campuses as well as to bike all over the city. Urban Connect is an alternative bikesharing service you can benefit from.

> → www.ethz.ch/studierende/de/campus/transport-mobilitaet/velo/publibike.html $\rightarrow www.ethz.ch/students/en/campus/transport-mobility/velo/urban-connect.html$



(3)Bike repair shop

The student cycling club Velove has set up bike repair shops on Campus Hönggerberg and Zentrum. It offers all the tools you need to fix your bike yourself, free of charge. Not only can you acquire some repairing skills and save money, but you can also get to know other cyclists. Opening hours may vary, so check out the website before you pass by.

→ www.velove.ethz.ch/velowerkstatt.html





You can rent Züri rollt bikes free of charge at central locations in downtown Zurich. All you need is an ID and a deposit of CHF 20. Züri rollt is an initiative of the Asylum Organization Zurich (AOZ) that promotes the social and professional integration of people from all over

→ www.aoz.ch/zuerirollt

→ www.veloveuzh.ch



(5) Second-hand bike market

If you want a second-hand bike, check out the Pro Velo bike markets. Set your alarm clock and go as early in the morning as possible to make a good deal or become a Pro Velo member to get an early entry.

→ www.pro-velo.ch/de/angebote/veloboersen





Did you know that your ZVV public transport pass also lets you use local boats and cable cars? Find out now about the various offers in the City of Zurich, like the boat cruise from the Landesmuseum to Bürkliplatz, Seilbahn Rigiblick, or the Dolderbahn, and enjoy the beautiful views and natural landscapes.

→ www.zvv.ch/zvv/en/home.html



(7) GA night and half-fare travel cards

Under 25 and enjoy discovering Switzerland by train at night? For just CHF 99 a year, you can travel with the GA Night on any train in 2nd class between 7:00 pm and 5:00 am. GA Night is an additional card to the essential Half-Fare travel card, referenced on the SwissPass

→ www.sbb.ch/en/travelcards-and-tickets/railpasses/ga/night-ga-travelcard.html



8) Car sharing or rental

In Switzerland, car-sharing is quite common. With around 3,000 cars at 1,500 stations, Mobility is the country's largest provider. ETH Zürich members are entitled to a free four-month trial subscription (afterwards 70 CHF/year). Once you have registered, you can reserve a car online through the app or over the phone at any time of the day. You only pay for time and distance travelled. Seven different vehicle categories are available.

→ www.ethz.ch/staffnet/en/service/eth-card/functions/mobility-car-sharing-offers.html



(9) SwitzerlandMobility app

Fancy a hike with spectacular alpine panoramas? The free SwitzerlandMobility app is the standard app for everyone who enjoys being outdoors - whether in summer or winter.

→ www.schweizmobil.ch/en/summer.html



(10) Across Europe by train and bus

Switzerland lies in the heart of Europe. With an Interrail pass, you can create the itinerary for your perfect trip by choosing among over 30,000 destinations in 33 European Countries and experience flexible and sustainable travel on trains that don't need reservations. Through the Flixbus network, you can travel from Zürich HB to more than 144 destinations in Switzerland and Europe and make a contribution to climate protection when buying your ticket.

> → www.flixbus.ch → www.interrail.eu/en



(11) Swiss Climate Challenge

Mobility is a key area where everyone can contribute to achieving Swiss targets of cutting CO, emissions by about 50% until 2030 and reaching climate neutrality by 2050. The Swiss Climate Challenge provides a simple tool that allows you to track, compare and improve your mobility choices and its associated climate footprint, including rewarding its users for adopting climate friendly habits

→ www.swissclimatechallenge.ch



(12) Züri-Sack

In Zurich, the "polluter pays" principle applies to household waste. If you produce less waste, you also pay less for its disposal. The blue-white Züri-Sack (Zürich bag), which must be used for household waste, is available at retailers like Coop or Migros with volumes of 10, 17, 35, 60, or 110 litres.



(13) Recycling app

Correct garbage disposal in Switzerland is a science in itself. The free Sauberes Zürich app contains information and tips for the simple and ecological disposal of waste, including all waste collection times in the City of Zurich (sorted by zip code). Thanks to the reminder function, you will never miss a date again.

→ www.stadt-zuerich.ch/ted/de/index/entsorgung_recycling/entsorgen/app.html

ACTIVITIES & COMMUNITIES



(14) All for Zero

ETH Sustainability is the central hub for the coordination of sustainability activities at ETH Zurich. The initiative called All for Zero mobilizes all ETH members for climate neutrality. Are you interested in our work and have ideas to share for advancing sustainable development at ETH Zürich? You are welcome to our Open Office hours, which take place regularly!

→ www.ethz.ch/en/the-eth-zurich/sustainability/eth-sustainability.html

→ www.ethz.ch/net-zero.html



(15) Student Sustainability Committee (SSC)

The Student Sustainability Committee at ETH Zürich is the first point of contact for student engagement in the field of sustainability. If you would like to get involved in university politics, event management, sustainability communication or other creative aspects, the SSC will





(16) Sustainability Week Zurich

The Sustainability Week (NHW) is an award-winning project of students from the five institutions of higher education in the Canton of Zurich: ETHZ, UZH, ZHdK, ZHAW, and PHZH. Since 2013, in the third week of each spring semester a rich programme devoted to sustainability awaits you at these institutions. All events are public and free of charge.

→ www.nachhaltigkeitswoche.ch



(17) Seed City garden

Founded in 2010, Seed City is a student-run community garden on Campus Hönggerberg. On this area of more than 2,000 m², you will find an oasis of biodiversity, inviting you to learn, get your hands dirty, relax, and celebrate. Check out the annual program.

→ www.seedcity.ch/garden



(18) Inner Sustainability

Cultivating your inner balance and strengthening your relationship to your thoughts, feelings and body help facing complexity. UZH/ETHZ psychological counseling can help you to overcome difficult phases in your life or problems in your studies. Check out also the MeWell Community that seeks to improve mental well-being in academia. If you just need to vent, vou can count on the volunteers of Nightline or the brain, body and soul offers by ASVZ.

- → www.pbs.uzh.ch/en.html
- → www.nightline.ch/public/en/home → www.mewellcommunity.ch

(19) Do-It-Yourself

→ www.innerdevelopmentgoals.org/framework

→ www.asvz.ch



Are you searching for tools and machines for all your self-started projects and prototyping needs? Do you want to repair and create objects on your own? The Student Project House

(SPH) provides ETH students with a creative makerspace and support to realize extracurricular projects, as well as an interdisciplinary student community. Or visit Bastli, the electronics laboratory of the Academic Association of Mechanical and Electrical Engineers (AMIV). Also, have a look at Zürich Repair Cafés and the cultural centre Dynamo at the Limmat.

- → www.sph.ethz.ch → www.bastli.ethz.ch
- → www.repair-cafe.ch
- → www.dynamo.ch



(20) Community centres

Zurich's community centres (GZ) are socio-cultural institutions for the city's residents. The 17 centres play a distinctive role in Zurich's social fabric. Go there to join festivals. concerts, or markets, or simply to spend a cosy afternoon with coffee and cake. Community centres are the ideal place if you want to mingle with the local population.

CIRCULAR & SUSTAINABLE LIFESTYLE



(21) Online second-hand marketplaces

Do you need a second-hand watch? Or do you want sell your furniture when moving out? Check out Tutti, one of Swiss largest websites. You might also want to search on Ricardo. the major online auction portal in Switzerland. You can also find good second hand deals on Facebook Marketplace.

- → www.tutti.ch → www.ricardo.ch
- → www.marktplatz.uzhalumni.ch



(22) Sharing is caring

You do not always have to buy everything new. With Swapooks, you can buy and resell used textbooks, or just lend the books you want to read at the ETH, Pestalozzi or city libraries. On Sharely, you can borrow a drill or a camera for a small fee, from other private users. Lend your neighbours a ladder, a bike, or a beamer on Pumpipumpe. And if you need a dress for

- just one night out, then Kleihd is the right address for you. $\rightarrow www.library.ethz.ch/en/searching-and-using/borrowing-and-using.html \\$
 - → www.pbz.ch/en
 - → www.zueriteilt.ch → www.pumpipumpe.ch
 - → www.kleihd.ch → www.thenewnew.ch → www.depop.com

(23) Brockenhaus

The concept of the Brockenhaus ("Brocki" for short), or second-hand store, has a long tradition in Switzerland. If you are looking for vintage furniture, old vinyls, books, or clothes, this is the right place for you. In the Canton of Zurich alone, there are over 75 Brockenhäuser. They differ in size and, of course, in what they have to offer.

→ www.brockisearch.ch



(24) Flea market

Zurich's flea markets offer a broad and diverse range of high-quality antiques and curios. The flea market is held on Bürkliplatz on Saturdays between May and October, just by the lake. The Kanzlei flea market close to Helvetiaplatz also takes place on Saturdays, throughout the year and irrespective of the weather.

> → www.buerkli-flohmarkt.ch → www.flohmarktkanzlei.ch → www.kreisflohmi.ch



(25) FREITAG store and Kreislauf 345

What started as an idea in a shared flat in Zurich is now a world-renowned Swiss brand. The Freitag brothers achieved international icon status with their unique bags made of recycled truck tarps. The FREITAG flagship store is located at Zürich Hardbrücke. Those who make it to the top of the container tower can enjoy a unique view across the city and on to other circular design stores.

> → www.freitag.ch → www.kreislauf345.ch





Are you searching products from retailers that help prevent waste, reduce pollution, save energy, promote fair wages, support social enterprises, recycle raw materials? Check out the following shopping opportunities! For second hand outdoor gear, visit 2nd Peak. Gain full transparency over the ingredients in your food and cosmetics with the Codecheck App.

- → www.karikari.ch → www.rrrevolve.ch
- → www.circleshop.ch
- → www.changemaker.ch → www.rework.ch

EATING & DRINKING



(27) Drinking water

Water from public fountains and tap water at home is of very high quality throughout Switzerland. Unless indicated otherwise, it can be consumed without hesitation. Also, tap water has an environmental impact around 300 times lower than bottled mineral water!



(28) Supermarket bargains

Just before closing time, many supermarkets in Switzerland offer products that are about to expire at up to 50 percent of the original price. This is not only good for the environment, but also for your wallet.



(29) Foodsharing & Community fridges

Madame Frigo combats food waste with over 100 public fridges open 24/7 across the country. You can leave surplus bread, fruits, or vegetables in these yellow fridges and take items home for free, fostering an exchange of food products. Foodsharing is a free, non-commercial, and ad-free environmental organization that aims to prevent edible food waste. Through its platform, foodsharing.de, it promotes voluntary rescue and sharing of food, fostering inclusivity and responsible resource management.

> → www.madamefrigo.ch → www.foodsharing.de



(30) Ässbar bakery

Given the stunning fact that one third of all food in Switzerland ends up as waste. Ässbar bakery has taken a resolute stand: In cooperation with various bakeries, baked goods and patisserie from the previous day are sold at a substantially reduced price. Good for the environment and for your budget



(31) Reusable lunchboxes

Most restaurants on and around campus offer reusable lunchboxes or accept your own. If the weather allows, you can enjoy your meal in a nearby park (Aki garden in Zentrum or next Food market at Hönggerberg) while avoiding disposable packaging and food waste.

→ www.recircle.ch



(32) Reusable cups

Many of the coffee suppliers on campus support the use of your own re-usable cup. Some even give a small discount on the drink. If you do not have a cup yet, head to the ETH Store to buy the stylish KeepCup.

→ www.eth-store.ch



(33) Sustainable campus gastronomy

The "Sustainable Gastronomy Project" is a joint project with the catering partners that aims to make ETH gastronomy more sustainable by adopting a scientific approach. ETH members can contribute to the success of the project, thus reducing the ETH carbon footprint by opting for vegetarian or vegan dishes more often, by only eating all purchased food or by regularly choosing reusable takeaway lunchboxes.

→ www.ethz.ch/sustainablegastronomy



(34) Too Good To Go app

Too Good To Go is an app with which you can purchase excess food from restaurants or bakeries at a highly reduced price. Cupcakes from the shop window, sushi off the conveyor belt, or Tibetan momos - simply chose and buy your meal through the app and then pick it up in the shop. Because food belongs on the plate and not in the trash.

→ www.toogoodtogo.ch



On campus as well as in the city, you can find many delicious vegetarian and vegan options from restaurants to bakeries. Zürich is in fact home of the oldest vegetarian restaurant in the world: Hiltl, 1898. Other fantastic dining choices include Tibits, Samses, Kleine Freiheit, Klara's Kitchen, Vegelateria the Sacred, Sprössling, and Beetnut. Frau Gerolds Garten is not only a vibrant spot with yummy food, but also supports many local and sustainable

artisans and retailers. On campus, vegetarian options are more affordable. The Rämi 59

Mensa at Rämistrasse 59 serves daily only vegan dishes. $\rightarrow \ www.ethz.ch/en/campus/getting-to-know/cafes-restaurants-shops.html$



(36) Sustainable grocery shopping

You can reduce some of your individual environmental impact associated with consumption by avoiding products from faraway places or unnecessarily packaged food. You can shop "waste-free" at Granel, Foifi, Fürst Unverpackt, or Bachsermärt, Also try Alnatura's organic

- supermarket for a wide range of sustainable products. → www.granel.ch
 - → www.foifi.ch → www.fuerst-unverpackt.ch
 - → www.bachsermaert.ch → www.alnatura.ch

DIVERSITY & INCLUSION



(37) ETH Diversity

ETH Zurich ensures equal opportunities for all members to study, research, and work successfully. The university fosters diversity by welcoming individuals from different disciplines, cultural backgrounds, religions, ages, genders, sexual orientations, and those with caregiving responsibilities, sports commitments, physical or cognitive impairments. This inclusive environment is crucial for achieving excellence in research, education, and innovation. Learn more about our services and resources.

> → www.ethz.ch/staffnet/en/employment-and-work/working-environment/diversity.html → www.ethz.ch/staffnet/en/news-and-events/hindernisfreiheit.html



(38) Free menstrual products

ETH Zurich facilitates access to menstrual products on campus to create better work and study environments for its members. 23 dispensers for free tampons and pads are installed in women's and gender-neutral toilets on the Hönggerberg and Zentrum campuses, as well as in Basel and in Oerlikon.

→ www.ethz.ch/staffnet/en/employment-and-work/working-environment/ diversity/free-menstrual-products-on-eth-campus.html

About this map

This map was compiled by ETH Sustainability in collaboration with the Student Sustainability Committee. As a unit at the Office of the President, the aim of ETH Sustainability is to increase ETH Zurich's contribution to sustainable development and to communicate this both internally and externally. It supports initiatives, projects, and individuals who contribute to enhancing sustainability at the university. For more information, please visit: www.sustainabilitv.ethz.ch.

Then let us know by sending an e-mail to: sustainability@ethz.ch

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(6) Klimaneutral

Is anything missing on the map?