Checklist lectures and exercises

Do I use my lectures and exercises for optimal benefit?

Many aspects influence your success as a student. One of them is how you use your university courses in the light of looming exams. The following checklist already helped many a student to discover, what useful things he / she already does ☑ and what could additionally be helpful.

Before the course
☐ I quickly repeat last course’s contents.
☐ I understand last course’s contents.
☐ I have an overview over the topics that will be dealt with today.

During the course
☐ I am on time and choose a great seat.
☐ I am able to focus during the course.
☐ I take clear and legible notes.
☐ I ask questions.

After the course
☐ I clarify questions directly with the instructor.
☐ I clarify questions with fellow students and assistants.
☐ I write down key findings of the past course.
☐ I summarize most important contents in an appropriate manner.
☐ In case I miss a course, I get hold of all the course materials.

During breaks
☐ I talk to fellow students about the course.
☐ I reflect the course.
☐ I relax knowingly.

Exercises
☐ I solve all exercises by myself.
☐ I solved the past exercises and submitted them.
☐ During exercise hours I ask questions.
☐ I check the marked exercises and compare them with sample solutions.
☐ I use the “Präsenzstunden”.

My learning
☐ From each topic I know what I have understood and what is still unclear to me.
☐ I know in which exams I am allowed to use my own summaries.
☐ I deliberately prepare myself for oral exams.
☐ I know during what daytime I learn the best.
☐ I have fellow students to learn with.

Evaluation

Count the points you checked and mark the sum below to see how you are doing.

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25

Now is a good time to change something! You certainly have potential! You are well on your way! Do you still have spare time?

Do not hesitate to contact us for further questions and support:

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