To all members of ETH Zurich

Zurich, 5 April 2017

Health Information / Measles Vaccination

Dear members of ETH Zurich

Since isolated cases of the measles virus have appeared in Zurich, we bring up this issue once again. SSHE informs you that all employees and students of ETH have the possibility to receive counselling on the subject or get the measles vaccination at the “Travel Clinic” of the University of Zurich. Both counselling and vaccination are free of charge and not compulsory.

Facts
The measles virus is five or six times as contagious as the seasonal flu. Despite its rather harmless reputation this illness is not benign for a population of young adults among whom it can cause complications such as pneumonia or encephalitis.

The conditions of coexistence at university, which bring large numbers of people in contact with one another, are particularly favorable to exposure: It takes only one person, contagious prior to the appearance of symptoms, to expose everyone present in an auditorium.

Vaccination (two injections at least one month apart) is strongly recommended for those who have not had the illness. It offers protection and also prevents the contamination of those who for medical reasons are unable to be vaccinated (infants, pregnant women or those with an immunodeficiency).

It is worth checking, if you are at risk of being infected or contaminated. By assessing your own risk or by the vaccination you contribute to your own health and at the same time protect others, especially those who can’t receive the vaccination for the reasons listed above.

More information / Links
Federal Office of Public Health (FOPH)

You find dates and addresses for consultation and vaccination and further information on the Website of the Safety, Security, Health and Environment (SSHE) administrative department.
In case you’re going to take the vaccination, please bring with you
- ETH card
- Vaccination card
- Military service book or other past vaccination records
- Information on any medication you take regularly or intermittently
- Allergy pass

Kind regards

Safety, Security, Health and Environment (SSHE)
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